HEALTHY STEAM

Model: 0911/01
Code: 00C091101AR0
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Originally from Eastern countries, **steam cooking** has also spread to Italy as a **nutritious and tastier alternative to cooking in boiling water**. Boiled dishes disperse most of their nutrients in the water, as well as aromatic ones, because boiling water alters consistency, flavors and aromas. The steam allows cooking that **keeps the amount of vitamins and mineral salts** naturally present in food almost unchanged. Steamed food is **healthy and steaming is preferable to traditional cooking**, as it also allows you to use less fat and seasonings.

With **Ariete Healthy Steam steamer**, steam cooking will have no more secrets, because you can cook **rice, meat, fish, shellfish, vegetables and eggs in a few minutes**, always obtaining a full-bodied and intense flavor, **without dispersing important nutrients** for your diet. With the **3 supplied baskets** you can cook many dishes at the same time, in addition you will also have a convenient container for steaming rice, perfect for preparing sushi or traditional Asian dishes. The steamer tank is easy to fill even during operation, with the water level visible. **In just 40 seconds** the steam will be ready for cooking: cook, sit at the table and enjoy your steamed dishes!

Product specifications	
Power	800 Watts
Capacity	9 Liters
Baskets with lid	3
Cook rice	✔
Steam	Ready in 40 seconds
Timer	60 minutes
External water filling during cooking	✔

Visible water level indicator	✔
Product length	32.00 cm
Product width	23.50 cm
Product height	41.50 cm
Product weight	1.78 Kg
Box weight	2.41 Kg
Master weight	10.95 Kg
Master pieces	4
Pallet pieces	72
20 container pieces	1288
40 container pieces	2660
40H container pieces	3024